

Asthma Shared Decision Making Clinics

Sustainability Checklist

Staff Needed

- At least 1 fully trained health coach (pharmacist, nurse, patient educator)
- Preferably 1 or more back up health coaches
- Nurse(s) trained in spirometry and peak flow testing
- Registrar to create and lay asthma clinic templates on appropriate dates
- Identify an Asthma Champion/Clinical assistant (nurse, care coordinator) to review quarterly asthma population reports and schedule not well or very poorly controlled patients
- Staff assistant or manager to send out meeting planners to remind providers/staff of schedule asthma clinics, and communicate with Asthma Champion to fill available appointments

Supplies Needed

- Demonstration inhalers – namely HFA and diskus
- Spirometry supplies – mouthpieces (spirettes), printer paper, printer cartridges, interpretation algorithm, instructions for how to program and get good technique
- Peak flow meters
- Spacers
- Patient questionnaires – adult and pediatric, initial and follow-up visits
- SDM toolkits – binders (2-4 yo, 5-11 yo, 12+ yo; English and Spanish) and flash drive
- Website – asthma.carolinashealthcare.org

Ideal Process

- Plan asthma clinic dates well ahead of time (at least 1 month) so templates can be laid and providers/staff can be made aware of when clinics are occurring (perhaps post the dates at checkout, in triage, at live answer)
- Develop a system of referring and scheduling patients (examples: indicate on discharge papers to “schedule in asthma SDM clinic,” send EMR message, or complete referral form)
- Post recruitment materials in patient rooms, the waiting room, the lab, etc.
- Remind providers and staff at practice meetings how helpful this specialty clinic can be
 - Patients’ goals and preferences are taken into account to select medications that they will more likely adhere to; patients learn about asthma physiology and proper inhaler technique; counseled on allergen/trigger avoidance; spirometry and/or peak flow performed
- Patients should be seen back in asthma SDM clinic every 2-6 weeks until under good control; consider annually once well controlled for ongoing education